

Connecticut Women  *OB/GYN*
Specializing in Women's Health
Gayle B. Harris, MD

Date:

Dear

We have received a consultation referral from your physician. We hope this letter will make your visit as easy and beneficial as possible. We are able to see patients slightly sooner than scheduled depending how quickly we receive your records and completed medical history questionnaire. Please ask the doctor who referred you to provide our office with a copy of any medical records regarding your vulvovaginal problem. Medical records from other health care providers who have treated this problem should also be forwarded to our office.

Enclosed please find a patient history questionnaire. This information is extraordinarily helpful in making a diagnosis and formulating therapy. Kindly answer these questions in your own words. Please do not write, "See my records." Medical records are sometimes incomplete or illegible. Once we receive your completed questionnaire, our nurse coordinator will notify you if there is any other information we require.

Your visit will take about an hour, although you are often in the office longer. You are encouraged to bring your husband or significant other with you – a woman's symptoms are not only her problem, but a problem for both. It is important that you arrive 15 minutes before your scheduled appointment, so we can process all your paperwork. If you are late for this appointment, we will not have enough time both to diagnose and to discuss your treatment plan thoroughly with you. If you are more than 10 minutes late, we will need to reschedule your appointment.

In order to ensure that we can best evaluate you for infection and skin problems, please follow the recommendations below.

- **Avoid medication inside the vagina for at least one week prior to your visit, as well as any oral antibiotics or medications for yeast.**
- **Do not apply any creams or medications to your vulva the day of your visit.**
- **You may have flares and remissions in your symptoms. If you are doing well at the time of your visit, keep your appointment! Then, we will have a baseline evaluation, and be able to see you more quickly in the event of future flare ups.**

As I am sure you are aware, there are very few physicians who specialize in treating women who have chronic vulvar symptoms. For that reason, I have two goals in my office. The first, and most important, is to help patients. The other goal is to teach this area of medicine to other physicians by lecturing, writing, research and teaching in this office. Sometimes, I will be accompanied by another physician (usually a gynecologist or dermatologist, male or female) with a special interest in this area.

Please call us if you have any questions or concerns. If you need to cancel your appointment with us, please give us at least five business days' notice so that another patient may be able to take advantage of your cancellation. We look forward to your visit!

Sincerely,

Gayle Harris, MD